

Ana Majer

Hi Bruins! My name is Ana Majer and I am running to be your next Student Wellness Commissioner.

I came to UCLA from a small town where I found space to not only grow my own information literacy, but to also promote literacy throughout my community. From working in a county clinic with one of the highest breast cancer rates in California to encouraging girls to enter male-dominated STEM fields, I have pursued my passion for health advocacy from an early age.

Our well-being is fundamental in supporting what we do and who we are as individuals. I want students to have a representative who is passionate about supporting holistic wellness, from mental health, to planetary health, to basic needs and beyond. I plan on organizing health-based programming that is comprehensive, encompasses all student backgrounds, and firmly equips students with wellness resources.

With my leadership experience in SWC SEARCH, Semel HCI, and CSC, I have learned to create actionable goals and to organize and promote outreach events for our Bruin community's health. In further collaboration with UCLA administration, I plan to continue empowering student voices, acting as a liaison to ensure Bruins' ideas guide future conversations and actions regarding student wellness.

Health on campus is not a responsibility limited to any one entity: it requires the collaboration of SWC, Semel HCI, CAPS, and Ashe, among other groups, to provide for all students. As SWC Commissioner, I will work to bridge these organizations, strengthening UCLA's health and wellness spaces for Bruins.

Platforms

SWC for You & Me

- Launch the SWC Peer Support Lounge – an inviting space for students to relax, rest, and seek peer counseling
- Train and recruit student counselors to provide assistance and access to health resources for Bruins in need

Let's Get Health Literate!

- Organize health literacy conference with speakers on health equity and with an array of student services
- Identify gaps in sexual and reproductive health literacy by empowering a research task force
- Program career fair facilitating student exposure to medical and non-medical career paths in health fields

Representation & Well-being

- Expand DiverSWC recruitment, ensuring representation from various on-campus identity-health based groups
- Broaden Student Health Network integration with cultural organizations, collaborate in programming large-scale events for students
- Promote health equity across underserved populations, including improving access to wellness resources for unhoused students and students with disabilities

WHOLE-istic Health

- Mental: Combat student stress with academic recommendations including abolishing the curved grading scale
- Social: Bridge gaps between North and South students by facilitating cross-campus interconnectedness
- Planetary: Educate Bruins about the negative effects of waste contamination
- Physical: Encourage student fitness and facilitate conversations about body-neutrality and active lifestyle balancing

TransparentSWC

- Post weekly SWC wrap-ups and quarterly budget reports, and provide a forum for students to provide feedback
- Promote Basic Needs Care Packages at all large-scale SWC programs
- Publish SWC leadership meeting minutes online with accessible text
- Consolidate SWC transactions, purchases, and programming by SWC leadership and committees

Qualifications

- Student Wellness Commission Student Education and Research of Contemporary Health (SEARCH) Co-Director (2021-Present)
- Student Wellness Commission Active Minds Outreach Director (2021-Present)
- Student Wellness Commission Pre-health Imposter Phenomenon Research Director (2021-Present)
- Community Service Commission Internal Programming Director (2021-Present)
- Semel Healthy Campus Initiative Administrative Assistant (2021-Present)